



Messina Market & Catering

We are full service caterers...

Rentals, Staffing, Desserts, and more!

Salad Station Sheet

Choose Your Base Lettuce:

Arugula Romaine Iceberg Mixed Field Baby Spinach

Small \$4.99 Medium \$5.99 Large \$7.25 Family Size \$12.99

Select Any Topping:

75¢ per (4)

- beets
- broccoli
- carrots
- celery
- cherry tomato
- crunchy noodles
- chick peas
- cucumbers
- kidney beans
- mushrooms
- onions
- raisins
- tomatoes

99¢ per (4)

- almonds (raw)
- asparagus
- black olives
- corn
- croutons
- dried cranberries
- egg whites
- hard boiled egg
- jack and cheddar cheese
- red cabbage
- roasted peppers
- sunflower seeds
- sun dried tomatoes
- walnuts

\$1.99 ea.

- alpine lace (low fat)
- bacon
- beans
- blue cheese
- candied almonds
- edamame
- feta cheese
- ham
- portobello mushroom
- blue cheese
- toasted pita
- vermont goat cheese

\$2.99 ea.

- avocado
- boars head turkey
- cajun chicken
- chicken cranberry apple
- chicken salad
- fresh mozzarella
- fresh turkey
- grilled chicken
- grilled vegetables
- low fat tuna
- plain tuna
- poached salmon
- shrimp
- tuna salad

Dressing:

- balsamic vinaigrette
- bleu cheese
- caesar
- fat free raspberry
- fat free italian

Mixed

- creamy dill
- honey mustard
- italian
- oil & vinegar

On Side

- raspberry vinaigrette
- russian
- sesame ginger
- light ranch
- honey lime
- italian herb vinaigrette

Chopped:

yes

no

Dining:

stay

go

Name: _____

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